Nutrition and Hydration Week
17 – 23 March 2014
A Global Challenge

“Creating a global movement that will reinforce and focus energy, activity and engagement on nutrition and hydration as an important part of quality care, experience and safety improvement in health and social care settings”

Nutrition and Hydration Week 2014 is a collaboration between the Hospital Caterers Association (HCA), National Association of Care Catering (NACC) and Patient Safety First.

During Nutrition and Hydration Week 2014 we are asking everyone – and we really mean everyone – to pledge their support to raising awareness of the importance of nutrition and hydration as an essential element of care.

What can you do?

The most important thing is to get involved and to make that commitment to make a difference to the people in your care.

Show your commitment now by pledging your support on the Nutrition and Hydration Week2014 website http://nutritionandhydrationweek.co.uk/

You will find a selection of activities that you can pledge to do during the week – these are just suggestions – it’s your week so do what you think is important.

On the website you will find a range of resources (and more will be added) to help you plan your week – time flies so get planning.

We have developed a campaign handbook packed with information, suggestions and tips to help you plan the week – it’s ready to be downloaded now.

The second most important thing you can do is to tell everyone that you are supporting Nutrition and Hydration Week 2014. We love twitter so follow us @NHWeek #NHW2014

The next thing you need to do is tell us what you are doing so that we can tell everyone else. Contact us via the website or @NHWeek

A special invitation

On the 19 March 2014 you are invited to join us and others from around the world at the ‘World Tea Party’ – what better way to get a few calories and drink to someone who just needs that little bit more.

Finally… thank you from everyone that you will difference too